



Winter Safety Tips

✓ Drive Safely in the Snow



Driving in the winter means changes in the way you drive. Snow, sleet and ice can lead to hazardous road conditions. **Prepare your vehicle** for the upcoming winter season with these helpful tips.

✓ Avoid Strain while Shoveling



Shoveling snow is a major winter activity in many parts of the United States. Taking a few precautions can help you prevent unnecessary pain and suffering.

✓ Treat Frostbite Immediately

Use first aid to help someone who may have [hypothermia or frostbite](#). Online and classroom courses are available through NSC.

✓ Prevent Carbon Monoxide Poisoning

Carbon monoxide detectors save lives, but less than one-third of American homes have one installed. With December and January at the peak of [CO poisonings](#), check out our fact sheet and be sure to follow tips like these:

- Replace the battery for your home's CO detector each spring and fall
- Do not heat your home with a gas range or oven
- Never run a car or truck inside an attached garage

